PAP Therapy

If you are diagnosed with sleep apnea your doctor will prescribe treatment. The most common form of treatment - considered the “Gold Standard” for treating sleep apnea by the American Academy of Sleep Medicine - is Positive Airway Pressure (PAP) therapy.

PAP therapy utilizes a machine and facial mask to apply a constant stream of pressurized air through the throat, working as an air splint that helps keep the airway open during sleep. At Classic SleepCare, we fit patients with the highest quality PAP machines and heated humidification/heated tubing, which helps prevent a dry throat. We work closely with you to maintain therapy compliance in order to get the health and lifestyle benefits from your therapy.

Health and Lifestyle Benefits

- Reduce chance of heart attack while sleeping
- Control high blood pressure
- Reduce fatigue during the day
- Reduce chance of stroke while sleeping
- Increase memory function
- Enable weight loss
- Reduce chance of stroke while sleeping
- Increase memory function
- Enable weight loss
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- Enable weight loss

"Your extraordinary staff and customer service at Classic SleepCare has saved my life."
- AS, Patient

Support hours: 6AM-5PM PST (9AM-8PM EST)
Licensed registered nurses and respiratory therapists with specialist training in sleep are available to help you with any questions regarding your therapy.

Office hours: 8AM-5PM PST (11AM-8PM EST)
Patient Services staff are available to help you with questions regarding your insurance or billing.
Sleep apnea is a crippling sleep disorder suffered by an estimated 20 million Americans. By far the most common form is obstructive sleep apnea (OSA) which occurs when the soft tissues of your throat collapse while you are sleeping, blocking your airway for 10 seconds or more at a time. These pauses are called “apneas”, a Latin term meaning “without breath”, that can last up to 40 seconds and can occur 30 or more times per hour! The damage to your vital organs, particularly your heart, is done by robbing your blood of the oxygen needed to stay healthy.

**Normal Breathing**
Airway is open, air flows freely to lungs during sleep.

**Sleep Apnea**
Airway collapses, blocking airflow to lungs during sleep.

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**About Us**

Classic SleepCare, LLC® (Classic SleepCare) is the preferred DME and patient care provider for the treatment of sleep apnea. Collaborating with leading sleep doctors, sleep labs, and primary care physicians, our mission is to provide outstanding care and the best possible outcome for patients who are prescribed PAP therapy. We work closely with you by supplying the highest quality equipment, delivering an in-home set-up with one of our licensed respiratory therapists, and guiding you on how to use and care for the equipment. We then follow up with a program of pro-active patient care, updating your doctor every step of the process through intake, set-up, and therapeutic progress/treatment compliance.

Classic SleepCare is an ISO 9001:2008 registered firm accredited by CHAP community health accreditation.

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**Patient Care**

High quality patient care is our #1 priority. We have developed a program that ensures you are set up efficiently, comfortable with your PAP equipment, and your compliance is monitored over time. Here’s what you can expect:

- **We receive and process the referral from your doctor within 24 hours.**
- **A licensed RT will come to your home or office to set up your PAP equipment.**
- **Our RTs will track your compliance and continue to follow up with you and your doctor.**

You can get in touch with us by calling toll free (888) 707-2454, or emailing contact@classicsleepcare.com.